



Newsletter

– April 2006

History as Confirmation of The Message of The Quran: The Case of the Recent Confirmation of The Healing Powers of Honey By The Scientific and Medical establishments

We shall show them our signs on the horizons and within themselves until it becomes clear unto them that it is the Truth (i.e. The Quran). Is not it enough and sufficient that your Lord is the Witness over all things? They are in doubt and disbelief in the eventual meeting with their Lord but surely Allah's knowledge surrounds everything and all there is. (Fussilat (41:53))

Representatives of the Medical and Scientific establishments have announced that they are no longer skeptical or in doubt about the healing powers of honey. Honey's healing powers has recently been 'rediscovered' by the medical profession, particularly where conventional modern therapeutic agents are failing. The extensive evidence for honey's healing powers is presented in the current issue of the International Journal of Lower Extremity Wounds (See, also, the Toronto Star, Sunday, April 16, 2006, page: D6). The long term research reported found sufficient evidence of honey's antimicrobial powers and that, in general, honey bolsters the body's immune system in fighting infection.

As we know this aspect of the good news about honey was confirmed fifteen centuries ago in the Quran (Al-Nahl (16:68 – 69):

And thy Lord taught the Bee to build its cells in hills, on trees, and in what people build; Then to eat of all the produce (of the earth), and find with skill the spacious paths of its Lord: there issues from within their bodies a drink of varying colours, wherein is healing for mankind: verily in this is a Sign for those who give thought. It is Allah who creates you and takes your souls at death; and of you there are some who are sent back to a feeble age, so that they know nothing after having known (much): for

Allah is All-Knowing, All-Powerful. (Al-Nahl (16:68 – 69)

There are now many published reports describing the effectiveness of honey in rapidly clearing infection from wounds, with no adverse effects to slow the healing process; there is also some evidence to suggest that honey may actively promote healing. In laboratory studies, it has been shown to have an antimicrobial action against a broad spectrum of bacteria and fungi. More recently, honey has been reported to have an inhibitory effect to around 60 species of bacteria including aerobes and anaerobes, gram-positives and gram-negatives. An antifungal action has also been observed for some yeasts and species of *Aspergillus* and *Penicillium*, as well as all the common dermatophytes. The current prevalence of antibiotic-resistant microbial species has led to a re-evaluation of the therapeutic use of ancient remedies, including honey. This reporting and showing is an example of the continuous confirmation of the truthfulness of the Quranic message and teaching. The lesson to be learned here is that we as teachers, parents and students should pay close attention to the Quran and the example of the Prophet and resolve to become Muslims in the true sense of the word which is to surrender and submit to the will of the All-Knowing and All-Powerful.

News and Events

Science Fair

Our school's annual science fair was a huge success. The students worked diligently on their projects and presented them skillfully and with confidence. We are happy to announce the winners as follows:

Grade	Place	Name	Grade	Place	Name
1	1 st	Hasan Abdul Gafoor	5	1 st	Abdul Wahab Qureshi
	2 nd	Ruqia Farah / Ishaq Mohamed		2 nd	Saad Moinuddin / Asad Ahmed
	3 rd	Samatar Mohamed		3 rd	Momen Khan
	4 th	Sumayyah Kan		4 th	Salma Mahmoud / Sumeya Naqvi
	5 th	Bilal Ak	6	1 st	Ikram Mohamed
2	1 st	Ruqaiyah Abdul Gafoor		2 nd	Fatima Tahir
	2 nd	Osama Mahmoud		3 rd	Amal Mohamed / Salaha Bakht
	3 rd	Hasan Ahmed / Sulaiman Bawa		4 th	Kanita Pasanbegovic / Hasan Afzal / Sulekha Mohamed
	4 th	Amal Amin / Yusuf Kan	7	1 st	Ismail Mohamed
	5 th	Hafsa Ahmed		2 nd	Junayd Mustapha / Hamza Curovic
3	1 st	Abdullah Khan		3 rd	Ola Taji
	2 nd	Abdurrahman Omar / Ismael Ghanim		4 th	Tuba Mohamed
	3 rd	Fatima El-Kendari	8	1 st	Zain Khilji
	4 th	Abdullahi Kerow/Sofi Kan		2 nd	Hamza Ramadan
	5 th	Nashwah Afzal		3 rd	Amatullah Yousif
4	1 st	Omar Al-Sayyid/Moeizeldeen EIMatboly		4 th	Khadejah Patel / Nura Mohamed
	2 nd	Talha Qureshi			
	3 rd	Yasmin Farah / Sarah Khan			
	4 th	Nour Fahmi			

Earth Day Clean-up:

Our school will be joining the rest of the city in the "20 Minute Makeover", a city-wide clean up campaign. Each class up to Grade 6 is provided with gloves and garbage bags and given a specific area in the streets around the school to clean.

ISNA High School Seminar

The students of ISNA High School have organized a one-day youth seminar scheduled for Thursday May 4th 2006. The theme of the conference is "Flight to the Here After; Have You Booked Your Ticket?" Our Grade 7 and 8 students have been invited to participate in this event.

Inter Islamic School Basketball Tournament

Our school participated in the annual basketball tournament for Islamic Schools. Our senior boys and girls teams both came second place and brought back impressive trophies for their efforts.

School Timing:

The morning bell rings at 8:50 am. Students are allowed to enter the school at 8:30 a.m. Please drop off your children between 8:30 and 8:45 am. Thank you for your cooperation.